

Changes to ARK Fall season in response to COVID-19

Significantly lower participant cap

In our usual running of the program, we have a cap of 60 ARK+ARK Attack and 15 ARX participants per hour. For Fall 2020, the cap per hour will be 30 participants. Although the province now allows a group size of up to 100 outdoors, 30 (2 groups of 15) is a number we are comfortable with given some of the area that we meet in. This will be strictly controlled, there will be no 'just one more' once an hour is full. We will however look into adding additional nights in locations that reach their cap in both hours.

Modified Programming

Long term participants will know we often program a lot of games and activities with shared equipment. All the exercises programmed for this season will not allow for any close contact/shared equipment. There will be a slightly stronger navigation focus.

Check In/Out

The check in/check out nightly procedure will be modified to allow safe distancing for all participants. Each night a 'Declaration of Health' will have to be completed.

Virtual Program

Instead of signing up for the In Person program, we are making the ARK/ARK Attack program virtual as well! Each week we will email out location and instructions detailing that week's programming. After the In Person program runs for the week, we will leave any necessary equipment in the woods and you can take your kids out any time over the next week and complete the exercises. The Virtual Programming will not be available for ARX.

Within the next week we will add a sample of what the weekly virtual programming will look like on the website.

End of Season ARK Fest

This weekend race will still form part of the Fall Program. We have been successfully running safe weekend races with this format since June that follow all guidelines as mandated Provincially and by our insurers.